

# TEAMSTERS BENEFIT TRUST

## Preventive Services Covered Under the Patient Protection and Affordable Care Act

February 1, 2012

Effective February 1, 2012, Teamsters Benefit Trust Plan VI covers the following preventive services without copayment, coinsurance or having to meet your deductible, when these services are delivered by a network provider and are recommended for your age and gender by the U.S. Preventive Services Taskforce. This list is subject to change as updated by federal regulation.

You can get more information, including a list of current recommended preventive services by visiting: [www.healthcare.gov/center/regulations/prevention/recommendations.html](http://www.healthcare.gov/center/regulations/prevention/recommendations.html).

### Covered Preventive Services for Adults

- **Abdominal Aortic Aneurysm** one-time screening for men of specified ages who have ever smoked
- **Alcohol Misuse** screening and counseling
- **Aspirin** use for men and women of certain ages
- **Blood Pressure** screening for all adults
- **Cholesterol** screening for adults of certain ages or at higher risk
- **Colorectal Cancer** screening for adults over 50
- **Depression** screening for adults
- **Type 2 Diabetes** screening for adults with high blood pressure
- **Diet** counseling for adults at higher risk for chronic disease
- **HIV** screening for all adults at higher risk
- **Immunization** vaccines for adults--doses, recommended ages, and recommended populations vary:
  - Hepatitis A
  - Hepatitis B
  - Herpes Zoster
  - Human Papillomavirus
  - Influenza
  - Measles, Mumps, Rubella
  - Meningococcal
  - Pneumococcal
  - Tetanus, Diphtheria, Pertussis
  - Varicella
- **Obesity** screening and counseling for adults
- **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk
- **Tobacco Use** screening for all adults and cessation interventions for tobacco users
- **Syphilis** screening for all adults at higher risk

- **Anemia** screening on a routine basis for pregnant women
- **Bacteriuria** urinary tract or other infection screening for pregnant women
- **BRCA** counseling about genetic testing for women at higher risk
- **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40
- **Breast Cancer Chemoprevention** counseling for women at higher risk
- **Breast Feeding** interventions to support and promote breast feeding
- **Cervical Cancer** screening for sexually active women
- **Chlamydia Infection** screening for younger women and other women at higher risk
- **Folic Acid** supplements for women who may become pregnant
- **Gonorrhea** screening for all women at higher risk
- **Hepatitis B** screening for pregnant women at their first prenatal visit
- **Osteoporosis** screening for women over age 60 depending on risk factors
- **Rh Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk
- **Tobacco Use** screening and interventions for all women, and expanded counseling for pregnant tobacco users
- **Syphilis** screening for all pregnant women or other women at increased risk

### **Covered Preventive Services for Children**

- **Alcohol and Drug Use assessments for adolescents**
- **Autism screening for children at 18 and 24 months**
- **Behavioral assessments for children of all ages**
- **Cervical Dysplasia screening for sexually active females**
- **Congenital Hypothyroidism screening for newborns**
- **Developmental screening for children under age 3, and surveillance throughout childhood**
- **Dyslipidemia screening for children at higher risk of lipid disorders**
- **Fluoride Chemoprevention supplements for children without fluoride in their water source**
- **Gonorrhea preventive medication for the eyes of all newborns**
- **Hearing screening for all newborns**
- **Height, Weight and Body Mass Index measurements for children**
- **Hematocrit or Hemoglobin screening for children**
- **Hemoglobinopathies or sickle cell screening for newborns**
- **HIV screening for adolescents at higher risk**
- **Immunization vaccines for children from birth to age 18 —doses, recommended ages, and recommended populations vary:**
  - Diphtheria, Tetanus, Pertussis
  - Haemophilus influenzae type b
  - Hepatitis A

- Hepatitis B
- Human Papillomavirus
- Inactivated Poliovirus
- Influenza
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Rotavirus
- Varicella
- **Iron supplements for children ages 6 to 12 months at risk for anemia**
- **Lead screening for children at risk of exposure**
- **Medical History for all children throughout development**
- **Obesity screening and counseling**
- **Oral Health risk assessment for young children**
- **Phenylketonuria (PKU) screening for this genetic disorder in newborns**
- **Sexually Transmitted Infection (STI) prevention counseling for adolescents at higher risk**
- **Tuberculin testing for children at higher risk of tuberculosis**
- **Vision screening for all children**