

TEAMSTERS BENEFIT TRUST

COMPARISON OF MEDICAL BENEFITS

PLAN VI



REVISED SEPTEMBER 2012



COMPARISON OF MEDICAL BENEFITS—PLAN VI

SUMMARY: This brochure provides a brief summary of medical benefits offered by each medical option. For a full Plan description, refer to the specific Plan materials (*Guide to Your Benefits, Summary of Coverage, Plan Change Notices, Summary of Material Modifications* or HMO disclosure information).

HMO: An HMO is a Health Maintenance Organization. Under Plan VI, TBT offers Kaiser for the HMO option. Refer to the HMO's *Evidence of Coverage* for details and enrollment requirements.

PPO: A PPO is a Preferred Provider Organization (hospital, physician or other provider) belonging to the Blue Cross Prudent Buyer network. A non-PPO is a provider that does not belong to the Blue Cross Prudent Buyer network. PPO claims are paid based on contract rates. All non-PPO claims are paid based on Usual, Customary and Reasonable (UCR) charges that are usually higher than the PPO contract rates (resulting in higher out-of-pocket expenses). Your *Summary of Coverage* shows the difference between PPO and non-PPO coverage under Plan VI. Covered persons are responsible for using PPO providers to reduce out-of-pocket costs. Since participating providers change often, check that a doctor or hospital is a PPO provider before receiving services by calling Blue Cross toll-free at (888) 887-3725. Call (800) 810-2583 for providers outside of California.

UCR: All non-PPO claims are paid based on Usual, Customary and Reasonable (UCR) charges (see PPO above).

Blue Cross Life and Health: Notify Blue Cross Life and Health at (800) 274-7767 in advance of a non-emergency hospital stay and within 72 hours of an emergency admission.

TAP: Teamsters Assistance Program (TAP) must oversee and pre-approve all alcohol and drug dependency treatment. Call (800) 253-TEAM or (510) 562-3600.

		SELF-FUNDED OPTION INDEMNITY MEDICAL PLAN
MEDICAL BENEFITS <i>Carryover: Any part of the deductible satisfied in the last three calendar months will also apply to next calendar year deductible.</i>	Calendar year maximum (combined medical/prescription drug) Calendar year deductible (combined medical/prescription drug): Per covered person—PPO Per covered person—Non-PPO Family maximum—PPO Family maximum—Non-PPO	\$2,000,000 \$250 \$500 \$500 \$1,000
HOSPITAL <i>Note: Under the Indemnity Medical option, all in-hospital care must be pre-authorized and monitored by the Plan's Review Organization. In an emergency, call within 72 hour</i>	INPATIENT PPO (Not subject to deductible) Non-PPO (Subject to deductible) OUTPATIENT (Subject to deductible): PPO (Subject to deductible) Non-PPO (Subject to deductible)	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR 80% to \$15,000 per calendar year; 100% thereafter 50% of UCR 80% to \$15,000 per calendar year; 100% of UCR thereafter
AMBULANCE	PPO Non-PPO	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
SURGERY PHYSICIAN SERVICES	PPO Non-PPO	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
DOCTOR VISITS	INPATIENT PPO Non-PPO OUTPATIENT PPO (after \$10 copayment) Non-PPO	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter 100% 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
PREVENTIVE CARE	<i>Routine physical exams and related x-ray and lab work, pap tests, routine mammograms, PSA tests for detection of prostate cancer, flu shots and routine pediatric exams and shots as recommended by the U.S. Preventive Services TaskForce.</i> Calendar year maximum Two-year maximum PPO (after \$10 copayment) Non-PPO Exam only	\$250 \$500 100% to \$250 80% of UCR to \$250 100% of UCR to \$250
DIAGNOSTIC X-RAY AND LAB	PPO Non-PPO <i>Note: Mammograms follow American Cancer Society guidelines. Routine mammograms are covered annually beginning at age 40.</i>	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
NURSING HOME CARE	Room and board (within seven days of in-hospital stay of five or more days) Per disability maximum PPO Non-PPO	60 days 80% to \$15,000 per calendar year; 100% thereafter 80% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
MENTAL HEALTH SERVICES IN HOSPITAL	Calendar year maximum Lifetime maximum PPO (Not subject to deductible) Non-PPO (Subject to deductible)	30 days 60 days 80% to \$15,000 per calendar year; 100% thereafter 50% of UCR
MENTAL HEALTH SERVICES IN MEDICAL OFFICES	Outpatient mental health and nervous disorder benefit PPO Non-PPO	Up to 20 Visits/Calendar Year 50% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
TREATMENT FOR ALCOHOL AND CHEMICAL DEPENDENCY (Not subject to deductible)	Maximum treatments per lifetime Maximum covered expenses per treatment First treatment—TAP approved Second treatment—TAP approved <i>Note: The 20% copayment for second treatment is not a covered expense and will not apply toward your copayment maximum for the calendar year.</i>	Two None 100% 80%
CHIROPRACTIC	PPO Non-PPO	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter
PRESCRIPTION DRUGS —OUTPATIENT	Purchased through Prescription Solutions OptumRx provider and reimbursed through TBT Plan Administration Office (after medical/prescription drug deductible is met) as follows: Drugs from Prescription Solutions pharmacy (reimbursed by TBT) <i>Note: If you (or your doctor) order a brand name drug (when a generic equivalent is available), you also pay the difference between generic and brand name.</i> Outpatient drugs from non-Prescription Solutions pharmacy (reimbursed by TBT Plan Administration Office) Mail Service: Prescriptions ordered through the Prescription Solutions Mail Service Program (100-day supply). After the first two prescriptions/refills are ordered through retail, future refills must be ordered through mail service. Specialty Pharmacy Program: Prescriptions ordered through the Prescription Solutions Mail Service Program (100-day supply). After the first two prescriptions/refills are ordered through retail, future refills must be ordered through mail service.	80% to \$15,000 per calendar year; 100% thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter 50% of UCR to \$15,000 per calendar year; 100% of UCR thereafter

TEAMSTERS BENEFIT TRUST (TBT)

HMO OPTION—KAISER

Lifetime maximum	none	If you choose the Kaiser HMO, you must live within the HMO service area to enroll (see the list on the next page). Out-of-area benefits are available for emergency only. For the most current details, call the Kaiser customer service number printed on the back page or visit their web site at www.kaiserpermanente.org .
Calendar year deductible	none	
Covered expense maximum		
Per covered person	\$1,500	
Family	\$3,000	
Copayments applied to specific services		
Physician and surgeon services	no charge	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Intensive care/cardiac care	no charge	
Room and board	no charge	
Laboratory and x-ray	no charge	
Physical therapy	no charge	
Administered medications	no charge	
Other necessary services and supplies	no charge	
Durable medical equipment	no charge	
Emergency room (<i>Note: Waived if admitted to hospital</i>)	\$50 copayment	
Within Kaiser's service area when approved by a Kaiser physician	no charge	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Physician and surgeon services	no charge	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Office visits, check-ups, exams, OB/GYN	\$20/visit	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Hearing and vision exams	\$20/visit	
Physical therapy visits	\$20/visit	
Allergy test injection visits	\$20/visit	
Administered medications, injections	no charge	
Laboratory and x-ray	no charge	
Similar preventive care	\$20 copayment	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Laboratory, x-ray and other tests	no charge	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Skilled nursing facility care at authorized facility	no charge up to 100 days	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
In-hospital care	no charge up to 45 days per calendar year	<i>Note: The following are covered with no separate limits for days or visits: Schizophrenia, schizo-affective disorder, bipolar disorder, major depressive disorders, panic disorder, obsessive-compulsive disorder, pervasive development disorder or autism, anorexia nervosa, bulimia nervosa and clinically-defined serious emotional disturbances of children.</i>
Maximum visits per calendar year	20	See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
Individual care	\$20/visit	
Group therapy	\$10/visit	
Treatment, including counseling for dependency and medical management of withdrawal symptoms, is provided in medical offices in group or individual sessions at minor charge. Hospitalization provided at no charge for detox only.		<i>Indemnity Medical option benefits also payable. See Kaiser Evidence of Coverage and Disclosure Form.</i>
Not covered		See Kaiser <i>Evidence of Coverage and Disclosure</i> form.
<i>Up to 100-day supply. If you are enrolled in the Kaiser Medical Option, your prescriptions must be filled at a Kaiser facility pharmacy or mail service. You must also use their drug formulary's list of approved medications for their pharmacy in your service area.</i>		See Kaiser <i>Evidence of Coverage and Disclosure</i> form.

COMPARISON OF MEDICAL BENEFITS—PLAN VI (Continued)

	SELF-FUNDED OPTION INDEMNITY MEDICAL PLAN	HMO OPTION—KAISER
TELEPHONE NUMBERS FOR ADDITIONAL INFORMATION	<p>TBT Plan Administration Office: (510) 796-4676 (800) 533-0119</p> <p>Blue Cross Prudent Buyer Plan—for current PPO hospital and physician information: (888) 887-3725</p> <p>Blue Cross Life and Health—for <i>required</i> Pre-admission Certification of <i>non-emergency</i> hospital confinements: (800) 274-7767</p> <p>Teamsters Assistance Program (TAP) (800) 253-TEAM (510) 562-3600</p>	(800) 464-4000
SERVICE AREA	No geographic limitations	<p>The service area of this Plan is the geographical area within a 30-mile radius of any Kaiser Permanente medical facility in the following counties:</p> <p>Alameda Amador Contra Costa El Dorado Fresno Imperial Kern Los Angeles Kings Madera Marin Mariposa Napa Orange Placer Riverside Sacramento San Bernardino San Diego San Francisco San Joaquin San Mateo Santa Clara Solano Sonoma Stanislaus Sutter Tulare Ventura Yolo Yuba</p> <p>For information about services available where you live, contact Membership Services toll-free at (800) 464-4000.</p>

This Comparison of Medical Benefits is only a summary of the coverage actually provided by each of the specified programs. All exclusions and limitations of benefit coverage have not been listed and may vary by TBT Plan. The contents of this comparison are not to be construed or accepted as a substitute for the provisions of the Rules and Regulations of the Teamsters Benefit Trust or the contracts with Kaiser, which control in case of conflict. See the HMO's Evidence of Coverage and Disclosure form for the most current details. To maintain the financial stability of the Plan, the Trustees must reserve the right to change the benefits, deductibles or copayments or to terminate the Plan at any time.