

Provider List	Phone Numbers	Address	Reasons to Call
TBT Plan Administration Office www.tbtfund.org email: info@tbtfund.org	(510) 796-4676 (800) 533-0119	39420 Liberty Street, #260 Fremont, CA 94538-2200	TBT eligibility questions, enrollment forms (including HMOs), changes in family status, Open Enrollment forms, Employer contributions, Indemnity and PPO claims, disability waivers application, life and accidental death & dismemberment claims and other questions.*
Accredo Specialty Pharmacy www.accredo.com	(833) 255-0645 or (800) 803-2523	P.O. Box 954041 St. Louis, MO 63195	Handles delivery of preauthorized Specialty medications and refills.* See website for app.
Anthem CarelonRx (Pharmacy Network) www.anthem.com/ca Preauthorization Help Desk Mail Service Program Accredo Specialty Pharmacy	(833) 308-3034 (833) 293-0659 (833) 236-6196 (833) 255-0645	P.O. Box 52065 Phoenix, AZ 85072-2065	Anthem CarelonRx Pharmacy Program Customer Service Unit: Call (833) 308-3034 for Formulary and covered drugs questions, network pharmacies and Rx ID Cards. Contact TBT Plan Administration Office for other prescription-related service issues.
Anthem Blue Cross Life & Health www.anthem.com/ca	(800) 274-7767	P.O. Box 60007 Los Angeles, CA 90060	Hospital Pre-admission Certification and Utilization Review or for appeals.*
Anthem Blue Cross PPO Network www.anthem.com/ca	(888) 887-3725	P.O. Box 60007 Los Angeles, CA 90060	Find Preferred Providers In the Blue Cross PPO Network. Contact for appeals.* Order Anthem Blue Cross PPO ID Cards. See website for app.
Anthem Blue Cross Blue Shield National Network (Outside CA) www.bcbs.com	(800) 810-2583	P.O. Box 60007 Los Angeles, CA 90060	Outside California: Find Preferred Provider Hospitals, PPO network physicians and other PPO providers.*
Anthem Blue Cross HMO Plan www.anthem.com	(800) 227-3670	P.O. Box 60007 Los Angeles, CA 90060	Blue Cross HMO Plan benefit questions* Anthem website lists Network Physicians. Order Blue Cross HMO ID Cards or request to file an appeal. See Anthem website for app.
LiveHealth Online (Indemnity Medical PPO only) www.livehealthonline.com	(888) 548-3432		Schedule phone or video telehealth visits with board-certified doctors that are not subject to Plan Deductible or Copayments. See website for app.
Healthy Lifestyles (HMC HealthWorks) https://tbt.hmchealthworksco.com	(855) 888-2144		Health coaches and wellness resources for chronic medical conditions.*
Kaiser Member Services www.kaiserpermanente.org	(800) 464-4000	1800 Harrison, 9th Floor Oakland, CA 94612-2998	HMO benefit questions.* Order Kaiser ID Cards. See Kaiser website for app.
Delta Dental www.deltadentalca.org	(800) 765-6003 or (888) 335-8227	P.O. Box 997330 Sacramento, CA 95999-7330	Dental Option 1 benefit questions.* For Delta Dental provider finder service or appeals, call (800) 427-3237 or visit the Delta Dental website.
Bright Now! Dental Newport Option www.brightnow.org	(800) 497-6453 (714) 668-1300	8105 Irvine Center Drive Irvine, CA 92618	Dental Option 2 benefit questions, network provider questions and service issues.*
United Healthcare Dental www.uhc.com/myhc	(800) 445-9090	P.O. Box 30567 Salt Lake City, UT 84130-0567	Dental Option 3 benefit questions, network provider questions and service issues.*
Vision Service Plan www.vsp.com	(800) 877-7195	P.O. Box 997100 Sacramento, CA 95899-0001	Vision benefit questions, billing questions and network provider questions.*
Teamsters Assistance Program (TAP)	(510) 562-3600 (800) 253-TEAM	300 Pendleton Way Oakland, CA 94621-2109	Alcohol or chemical dependency matters including inpatient programs in the San Francisco Bay Area.*
Teamsters Alcohol/Drug Rehabilitation Program (TARP)	(209) 572-6966 (800) 522-8277	1620 N. Carpenter Road, #C-12 Modesto, CA 95351-1158	Alcohol or chemical dependency matters including inpatient programs in the Central Valley.*
Prudential Life Insurance www.prudential.com	(800) 524-0542	P.O. Box 1215 Newark, NJ 07101-1215	First call the TBT Plan Administration Office.
Western Conference of Teamsters Pension Trust Fund www.wctpension.org	(650) 570-7300 (800) 845-4162	355 Gellert Blvd., #100 Daly City, CA 94015-2666	All WCT pension matters.

* **Note:** For general enrollment information, medical, HMO and dental option elections, address changes and changes in Dependent status, contact the TBT Plan Administration Office. Any required forms (including HMO change forms) are mailed to you by TBT. You may also download forms from the TBT website at www.tbtfund.org.