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PLAN CHANGE NOTICE

Summary of Material Modifications

***Change from Managed Health Network (MHN) to
Optum Health through UnitedHealthcare
Network***

**RETAIN WITH YOUR BENEFIT PACKAGE FOR
FUTURE REFERENCE**

December 10, 2018

To: **UnitedHealthcare Participants**

(Not applicable if you are enrolled in Medicare)

Re: **Change From Managed Health Network (MHN) to Optum Health through UnitedHealthcare
For Mental Health Services Incurred as of January 1, 2019**

Dear Participant:

We have sent you this notice because you are enrolled in the UnitedHealthcare HMO for your medical benefits. Under the UnitedHealthcare HMO, Managed Health Network provides behavioral, substance abuse and mental health coverage.

Effective January 1, 2019 Optum Health will provide behavioral, substance abuse and mental health coverage to UnitedHealthcare HMO enrollees. This change will not alter your benefits.

TRANSITION TO OPTUM HEALTH

Because most of the mental health providers in the MHN network are in the Optum Network, the transition to Optum should be seamless for most people.

- If you or a family member is receiving covered services from MHN network provider prior to January 1, 2019, call OPTUM at 800-999-9585 between December 1st, 2018 and January 31, 2019 to confirm whether your provider is in the Optum Health Behavioral Health network. This line is available 24/7.

- If your MHN network provider is *not* in the OPTUM network, you may request a transition benefit providing network-level benefits for up to three months from January 1, 2019 to April 1, 2019. Certification for the transition benefit must be requested by calling OPTUM *before* January 31, 2019. After the three-month transition benefit period, if you or a covered dependent is still in treatment you must transition to an OPTUM provider.
- If your provider is interested in being considered in the OPTUM network, your provider can obtain preliminary application information at www.providerexpress.com or call OPTUM directly at 800-999-9585. Please have your provider mention Teamsters Benefit Trust when speaking with OPTUM.

For Inpatient Care:

- If you or a family member are hospitalized prior to January 1, 2019, and are still in treatment after January 1, 2019, coverage will continue under the current MHN program until transition to a different level of care. You or your provider must call OPTUM as soon as possible so that OPTUM can be involved in the transition planning to a different level of care.

If you have any questions about your behavioral health benefits, please call OPTUM at 800-999-9585.

If you have questions about this notice, please phone the TBT Plan Administration Office at (800) 533-0119 and ask for Daisy Erediano, Debra Frank or Adrianna Mercado.

Sincerely,

Nora Johnson
TBT Fund Manager
On behalf of the Board of Trustees

NJ/mr

PLEASE NOTE

This Notice is intended to amend all TBT documents, notices and correspondence, including (but not limited to) the Guide To Your Benefits and Summary of Coverage.

This document is a Summary of Material Modifications ("SMM") intended to notify you of important changes made to your plan of benefits. You should take the time to read this SMM carefully (and share it with your family) and keep it with your copy of the *Guide To Your Benefits*. While every effort has been made to make this description as complete and as accurate as possible, this SMM, of course, cannot contain a full restatement of the terms and provisions of the Plan. If any conflict should arise between this summary and the Plan, or if any point is not discussed in this SMM or is only partially discussed, the terms of the Plan will govern in all cases. The Board of Trustees reserves the right, in its sole and absolute discretion, to amend, modify, terminate or interpret and decide all matters under the Plan, or any benefits provided under the Plan, in whole or in part, at any time and for any reason.

Si usted gustaria una copia en espanol, por favor de contactar la oficina de administracion de Teamsters Benefit Trust.