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# PLAN CHANGE NOTICE

March 3, 2015

To: Plan V-A (Non-Grandfathered) Active Participants, Dependents and COBRA Enrollees

### Re: Mental Health Parity and Addiction Equity Act (MHPAEA) Compliance and Annual Maximum Removed - Indemnity Plan Claims Incurred On Or After October 1, 2014

The following Plan revisions apply to the *Indemnity medical option* and are effective for claims incurred on or after October 1, 2014. Please read this notice carefully. **If you received mental health or alcohol or chemical dependency services under the Indemnity Medical Option on or after October 1, 2014 and your benefits did not conform to the "Revised (new) Benefits" shown below, payment of your claims is being adjusted and you will receive a revised Explanation of Benefits (EOB).** 

The calendar year and lifetime maximums specific to treatment for mental health and alcohol or chemical dependency treatments will be eliminated. Benefits for mental health or alcohol or chemical dependency services will be subject to your Plan's *overall medical coverage*.

Revised (new) Benefits	Prior (old) Benefits	
For Claims Incurred <u>On Or After</u> October 1, 2014	For Claims Incurred <u>Before</u> October 1, 2014	
MENTAL HEALTH SERVICES	MENTAL HEALTH SERVICES	
—IN-HOSPITAL	—IN-HOSPITAL	
Maximum inpatient days per calendar yearNonePPO100%Non-PPO50% of UCRPre-authorization required50% of UCR	Maximum inpatient days per calendar year30PPO100%Non-PPO50% of UCRPre-authorization required	
MENTAL HEALTH SERVICES	MENTAL HEALTH SERVICES	
—IN MEDICAL OFFICES	—IN MEDICAL OFFICES	
Per visit covered expense maximumNonePPO100%Non-PPO80% of UCR	Per visit covered expense maximum\$80PPO100%Non-PPO80% of UCR	

\* **NOTE**: The following expenses do not apply to meeting the Plan's Calendar Year copayment limit: (a) the 50% copayment for an inpatient stay in a non-PPO hospital; (b) non-covered charges such as non-PPO provider fees which exceed Usual, Customary and Reasonable (UCR) rates.

<u>Revised (new) Benefits</u>	Prior (old) Benefits		
For Claims Incurred <u>On Or After</u> October 1, 2014	For Claims Incurred <u>Before</u> October 1, 2014		
ALCOHOL OR CHEMICAL DEPENDENCY TREATMENT - Inpatient and Outpatient	ALCOHOL OR CHEMICAL DEPENDENCY TREATMENT - Inpatient and Outpatient		
Lifetime Maximum Treatments <i>Removed</i>	Lifetime Maximum Treatments Two		
Per Treatment covered maximum at TAP approved facility. <i>Removed</i>	Per Treatment covered maximum at TAP approved facility:First Treatment100% 80%		
	Non-TAP PPO Not covered		
	Deductible Not subject to deductible * Must be pre-authorized by TAP		
ALCOHOL OR CHEMICAL DEPENDENCY TREATMENT - Inpatient			
TAP PPO 100%   Non-TAP PPO 50% of UCR*   * unless emergency 50% of UCR*			
Deductible Not Subject to Deductible			
Pre-authorization by TAP is required for all non-emergency hospital stays and within 72 hours of an emergency admission.			
ALCOHOL OR CHEMICAL DEPENDENCY TREATMENT - Outpatient			
TAP PPO 100%   Non-TAP PPO 80% of UCR			
Pre-authorization by TAP for all outpatient treatment highly recommended, but not mandated.			

\* NOTE: The following expenses do not apply to meeting the Plan's Calendar Year copayment limit: (a) the 50% copayment for an inpatient stay in a non-PPO hospital; (b) non-covered charges such as non-PPO provider fees which exceed Usual, Customary and Reasonable (UCR) rates.

## **ELIMINATION OF THE PLAN'S ANNUAL MAXIMUM:**

Revised (new) Benefits		
For Claims Incurred <u>On Or After</u> October 1, 2014		
		1811

INDEMNITY PLAN MEDICAL OPTION BENEFITS —

Annual Maximum Benefit **Removed** 

Prior (old) Benefits

For Claims Incurred Before October 1, 2014

INDEMNITY PLAN MEDICAL OPTION BENEFITS —

Annual Maximum Benefit \$2 Million Per Beneficiary

The changes described in this Notice replace existing references to benefit limitations in your Plan's *Guide To Your Benefits*, *Summary of Coverage*, or *Comparison of Medical Benefits*. These changes do <u>not</u> modify, eliminate or replace any other Plan provisions, limitations or exclusions related to mental health benefits or to any other Plan benefits.

**NOTE TO HMO PARTICIPANTS:** If you are enrolled in an HMO, some Chemical Dependency and all of your Mental Health Services are provided through the HMO - see your HMO Evidence of Coverage (EOC) for more details. However, please retain this Notice with your benefit package for reference in the event that you change to the Indemnity Plan at a future date.

If you have any questions, please phone the TBT Plan Administration Office at (510) 796-4676 or (800) 533-0119. You may also email your inquiries about the status of specific claims to the TBT Administration office at <u>EOBINQUIRY@LIPMANTPA.COM</u>.

Sincerely,

Num John

Nora Johnson Fund Manager

NJ/mr

## PLAN CHANGE NOTICE RETAIN WITH YOUR BENEFIT PACKAGE FOR FUTURE REFERENCE

Mental Health Parity - *Benefit Revisions For Claims Incurred On Or After October 1, 2014* Plan V-A Participants (Non-Grandfathered) March 3, 2015 Page 4

#### SUMMARY OF MATERIAL MODIFICATIONS

This Notice is intended to amend all TBT documents, notices and correspondence, including (but not limited to) Guide To Your Benefits, Summary of Coverage and Comparison of Medical Benefits.

This document is a Summary of Material Modifications ("SMM") intended to notify you of important changes made to your plan of benefits. You should take the time to read this SMM carefully (and share it with your family) and keep it with your copy of the Guide To Your Benefits. While every effort has been made to make this description as complete and as accurate as possible, this SMM, of course, cannot contain a full restatement of the terms and provisions of the Plan. If any conflict should arise between this summary and the Plan, or if any point is not discussed in this SMM or is only partially discussed, the terms of the Plan will govern in all cases. The Board of Trustees reserves the right, in its sole and absolute discretion, to amend, modify, terminate or interpret and decide all matters under the Plan, or any benefits provided under the Plan, in whole or in part, at any time and for any reason.

Si usted gustaria una copia en espanol, por favor de contactar la oficina de administracion de Teamsters Benefit Trust.