

TEAMSTERS BENEFIT TRUST—PHONE NUMBERS AND ADDRESSES

Organization	Phone Numbers	Address	Reasons To Call
TBT Plan Administration Office www.tbtfund.org	(510) 796-4676 (800) 533-0119	39420 Liberty Street, #260 Fremont, CA 94538-2200	TBT eligibility, enrollment (including HMOs), marital status and dependent changes, contributions, Anthem Blue Cross ID cards, prescription drug ID cards, Indemnity Medical option claims, vision, disability, life and accidental death & dismemberment claims and other questions.
Anthem Blue Cross Life and Health www.anthem.com/ca	(800) 274-7767	P.O. Box 60007 Los Angeles, CA 90060	Hospital Pre-admission Certification and Utilization Review.
Anthem Blue Cross PPO Network www.anthem.com/ca	(888) 887-3725	P.O. Box 60007 Los Angeles, CA 90060	Preferred Provider hospitals, PPO Network physicians and other PPO providers.
Anthem Blue Cross Blue Shield National Network (Outside CA) www.bcbs.com	(800) 810-2583	P.O. Box 60007 Los Angeles, CA 90060	Outside California: Preferred Provider hospitals, PPO network physicians and other PPO providers.*
United HealthCare www.uhcwest.com	(800) 624-8822	P.O. Box 30968 Salt Lake City, UT 84130-0968	HMO benefit questions*; Web site has list of network physicians.
Kaiser Member Services www.kaiserpermanente.org	(800) 464-4000	1800 Harrison, 9th Floor Oakland, CA 94612-2998	HMO benefit questions.*
Medicare Hotline	(800) 633-4227		Contact the Medicare hotline for general information, for address enrollment details and claim filing.
OptumRx www.optumrx.com Mail Service Program Specialty Pharmacy	(800) 797-9791 (800) 562-6223 or (877) 889-2802 (800) 711-4555	3515 Harbor Boulevard Costa Mesa, CA 92626	Pharmacy and medication questions.* Contact the TBT Plan Administration Office for all other prescription-related matters.
Delta Dental www.deltadentalca.org	(800) 765-6003 or (888) 335-8227	P.O. Box 997330 Sacramento, CA 95999-7330	Dental Option 1 benefit questions.* For Delta Dental provider finder service, call (800) 427-3237.
Bright Now! Dental Newport Option	(800) 497-6453 (714) 668-1300	8105 Irvine Center Dr. Irvine, CA 92618	Dental Option 2 benefit questions.*
Pacific Union Dental (PUD)	(800) 999-3367	P.O. Box 30567 Salt Lake City, UT 84130-0567	Dental Option 3 benefit questions.*
Teamsters Assistance Program (TAP)	(510) 562-3600 (800) 253-TEAM	300 Pendleton Way Oakland, CA 94621-2109	Substance abuse matters including inpatient programs.
Teamsters Alcohol/Drug Rehabilitation Program (TARP)	(209) 572-6966 (800) 522-8277	1620 North Carpenter Rd., #C-12 Modesto, CA 95351-1158	Substance abuse matters including inpatient programs for Joint Council 38 participants.
Western Conference of Teamsters Pension Trust Fund www.wctpension.org	(650) 570-7300 (800) 845-4162	355 Gellert Blvd., #100 Daly City, CA 94015-2666	All pension matters.
Prudential Life Insurance	(800) 524-0542	P.O. Box 1215 Newark, NJ 07101-1215	First call the TBT Plan Administration Office.

* Note: For general enrollment information, medical, HMO and dental option elections, address changes and changes in dependent status, contact the TBT Plan Administration Office. Any required forms (including HMO change forms) are mailed to you by TBT.